

TABLE 1.1

**Worksheet: Applying Baumeister's Ideas About the Self-Concept to the Classroom**

What are your important self-aspects/ personal qualities in the classroom?	While teaching, how are you influenced by your relationships, roles, and the environment?	In what ways do you exert control over and regulate yourself, your students, and the classroom environment?	What questions do you have? What aspects are working well? What would you like to improve?